

Erica Grindinger	Shared Planning	One of the foundational elements of effective co-teaching is regularly scheduled shared planning time. Without this, co-teachers often fall into a pattern where one teacher	Friend, M. (2021). <i>Interactions: Collaboration skills for school professionals</i> (9th ed.). Pearson
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		<p>takes the lead while the other becomes a passive observer. Regular planning allows both the general education and special education teacher to align their instructional goals, discuss student needs, and design differentiated instruction.</p> <p>Example: During a shared planning session, co-teachers might decide to use the parallel teaching model for an upcoming math lesson so they can group students by instructional level and provide targeted support.</p>	Education Inc.
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Erica Grindinger	Flexible Teaching (Models)	<p>Successful co-teaching requires flexibility in choosing and applying various co-teaching models based on lesson goals, content complexity, and student needs. Sticking to a single model can limit student engagement and instructional effectiveness. Instead, co-teachers should be trained to identify when models like team teaching, station teaching, or alternative teaching are most appropriate.</p> <p>In a social studies class reviewing for a test, the co-teachers may decide to use station teaching: one station offers direct reteaching, another provides guided practice, and a third includes independent review activities. This allows differentiated support while keeping all students actively engaged.</p>	Cassel, S. (2019). How to choose a co-teaching model. Edutopia. <a href="https://www.edutopia.org/article/how-choose-co-teaching-model">https://www.edutopia.org/article/how-choose-co-teaching-model</a>
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